

# PROGRAMME OVERVIEW


## MEDICLINIC *Prime*

WE OFFER YOU UNIQUE BENEFITS TO SUPPORT YOUR GOOD HEALTH ONLINE, BY PHONE AND IN PERSON.



### ONLINE

- Monthly e-newsletter on health related topics
- Essential wellness information and tools when you visit [www.mediclinicprime.co.za](http://www.mediclinicprime.co.za)



### BY PHONE

- 24-Hour Helpline: 0860 233 333
- A nursing practitioner will answer your health related questions

### IN PERSON



- **Health Screening Clinics**  
Essential screening tests at a minimal fee: blood glucose, cholesterol, haemoglobin, urine and more (selected hospitals only)
- **Health Information Sessions**  
Invitations to events hosted by specialists at your nearest Mediclinic hospital (selected hospitals only)
- **Luxury Health Retreats**  
Combination of education and relaxation, hosted in Gauteng and the Western Cape

- **Other Benefits**
  - **Ease of admission** to Mediclinic hospitals
  - A chance at guaranteed entries to **top sporting events**
  - **Discount** with selected partners (Run/Walk for Life and Eat for Life)
  - Invitations to participate in **health campaigns** at your nearest Mediclinic hospital (including Heart & Stroke and Diabetes Awareness)

### REGISTRATION OPTIONS

- Register **online** [www.mediclinicprime.co.za](http://www.mediclinicprime.co.za)
- **Call** Estelle Lotter on 021 943 6031
- **SMS** the word 'PRIME' to 37838
- Mediclinic Prime **registration brochures**:
  - **Hand completed form in** at any Mediclinic
  - **Fax** (to e-mail) to 086 681 2134
  - **Post** to Mediclinic Prime, PO Box 3948, Tyger Valley 7536

### UPDATE PROFILE INFO

- SMS the word 'UPDATE' to 37838 (SMS will be charged at R1.00, SA only)
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